

How is a poor doer horse?

A **poor doer** is a horse which finds it hard to hold healthy weight and condition even when it appears to be eating enough. The main problem is often a mismatch between **calorie intake** and the horse's needs, which can be affected by workload, age, temperament, health, and its naturally higher **metabolic rate**. Some poor doers burn fuel quickly, while others may have a lower appetite, weaker digestion, or trouble using feed efficiently.

A simple way to assess condition is by using a **body condition score** alongside regular weight checks and a close look at **rib coverage**, topline, and overall **muscle tone**. A horse that is dropping weight, looks tucked up, or has poor cover over the ribs and rump may need a different feeding approach. Ongoing **weight loss** should never be ignored, because it can signal that the feeding plan, turnout, workload, or health status needs to change.

Not every lean horse is a poor doer. Some are simply in **maintenance**, while others need more concentrated nutrition to support **condition** and **weight gain**. Before changing any **horse feed**, it helps to understand whether the problem is not enough forage, too little energy, poor **digestive health**, or a medical issue.

What is best to feed a poor doer horse?

The most suitable **horse feed** for a poor doer is usually a diet that follows a **forage-first** routine, is easy to eat, and supplies enough usable energy without overloading the gut with starch. In practical terms, that often means pairing quality **forage** with a suitable **complete horse feed**, a **high fibre feed**, or a mix of both depending on the horse's needs.

There are many **types of horse feed**, but poor doers usually do best with energy that is more **digestible fibre** and oil-based rather than heavy on cereal. This helps provide **slow release energy** and supports **gut health** and steady intake. A feed with moderate **sugar content** and controlled **starch** is often more suitable than a very rich mix that may upset digestion.

A sensible approach often includes:

- A lot of **forage** from **hay** or **haylage**
- A palatable **complete horse feed** or balancer-based ration
- A roughage-based bucket feed with **chaff** for extra chew time and slow eating
- Extra energy where needed, usually from a controlled, energy-dense source

For many poor doers, the goal is not just more food, but better absorbed food. A well-chosen feed should support **calorie intake** without harming **digestive health**. If the horse is already getting enough forage, the next step is often a more targeted concentrate rather than simply increasing volume.

Which horse feed is best for thin horses?

There is not one best option for all horses, but the most useful choices [Find more information](#) tend to come from established **horse feed companies** that supply feed designed for condition, fitness, and appetite support. Products from brands such as **Spillers horse feed** are often considered because they include options for poor doers, good-doers, and horses needing condition support. The label matters more than the brand name, though: always check the **feed label** for energy, fibre, starch, and sugar levels.

For many poor doers, the best practical choice is a feed that brings together:

- **Condition cubes** for additional energy and condition support
- **Chaff** to extend chew time, palatability, and fibre content
- A **complete horse feed** if you want a simpler all-in-one ration
- A **feed balancer** if forage is good but the diet needs nutritional topping up

Condition cubes are useful when you need more energy in a smaller volume. They can suit horses that struggle to eat large meals, provided the total ration is managed carefully. **Chaff** helps bulk out the bucket feed, encourages chewing, and can make a ration more appealing. A good high-fibre chaff can also support **digestive health**.

When choosing between products, think about the horse's workload, temperament, and appetite. A nervous horse may benefit from a fibre-led feed with lower starch and reliable **slow release energy**. A horse in harder work may need a more **energy-dense** formula, but the ration should still protect the gut and avoid sudden spikes in blood sugar.

How much horse feed should a poor doer get?

Feed quantities should be based on the horse's **bodyweight**, current **body condition score**, exercise level, and the amount and quality of forage already being eaten. A **horse feeding chart** is a useful starting point because it offers a rough guide for daily amounts, but it should not replace observation or professional advice. A **horse feed calculator UK** can also help estimate a starting ration, especially when paired with a weight tape and a condition assessment.

As a guideline, increase feed gradually and track whether the horse is improving in condition. For poor doers, **bucket feed** is often best used to supplement forage rather than replace it. Small, measured meals are more secure and more suitable than large buckets once or twice a day. Feed rate matters because the gut can only handle so much at once.

General **horse feeding rules** suggest that forage should remain the backbone of the ration. Concentrates should support the diet, not dominate it. If the horse is getting plenty of hay or haylage but is still losing condition, then the bucket feed may need to become more energy-dense, more frequent, or better balanced.

Useful tips to keep in mind:

- Use a **horse feeding chart** as a guide, then adjust to condition
- Check whether the horse is actually eating all forage offered
- Split **bucket feed** into smaller meals if possible
- Raise calories gradually to support safe **weight gain**
- Review the ration after any workload or turnout change

Ten guidelines of horse feeding with bad condition

These **10 feeding rules for horses** are a simple foundation for horses in low condition. They are based on common **horse feeding rules** and intended to support consistent recovery without disturbing the digestive system.

- 1. Put **forage** first and be sure the horse has plenty to eat throughout the day.
- 2. Choose good-quality **hay** or **haylage**, picked for palatability and consistency.
- 3. Feed little and often rather than using large meals.

- 4. Provide **small frequent meals** to safeguard the hindgut and improve uptake.
- 5. Select feeds that are fibre-led and supportive of **digestive health**.
- 6. Steer clear of dramatic changes in ration or **sudden change** in any feed component.
- 7. Check the horse's teeth, worm control, and general health if weight is not improving.
- 8. Adjust the ration to workload so the horse gets adequate support for condition and exercise.
- 9. Apply condition scoring, not guesswork, to judge progress.
- 10. Review the ration regularly and make gradual changes.

The idea is to support the horse with a steady intake of digestible calories, not to overwhelm the system. **Forage** should remain the base, and any added feed should improve nutrient balance without creating avoidable digestive stress.

How to select a feed plan: forage, balancer, or mix?

The ideal feeding plan depends on whether your horse needs extra energy, a stronger vitamin and mineral supply, or both. A smart place to start is with **forage analysis**, especially if the horse is eating a lot of hay or haylage but still not keeping weight. Knowing the actual nutrient profile of your forage helps you decide whether to add a **feed balancer**, a concentrate, or a bespoke **horse feed mix recipe**.

A forage-plus-balancer plan is often well suited when forage intake is good but the overall nutrient balance is poor. A balancer can top up deficiencies in vitamins, minerals, and amino acids without adding much extra weight. This can be valuable for a horse that needs better **condition** and **muscle tone** but does not need much more feed volume.

A hard feed plan may suit horses that need more energy. In that case, a **hard feed** can add calories, especially when combined with chaff and forage. Some owners like a simple blend using a **horse feed mix recipe** based on a fibre cube, chaff, and balancer. This can be a adaptable way to fine-tune calorie intake while keeping the ration easy to use.

Pick the plan that best fits the horse's appetite, body condition, and workload:

- **Forage plus balancer**: ideal for horses needing nutritional balance more than extra bulk
- **Forage plus hard feed**: best for poor doers needing more energy and improved condition
- **Mixed bucket feed**: best when appetite is variable and you need to improve palatability

Whichever route you go with, keep the diet regular enough to support gut function and avoid unnecessary **sudden change**.

How much does horse feed cost?

Horse feed cost differs greatly depending on the feed type, the quantity required, and whether you are using a feed balancer, cubes, chaff, or a premium complete ration. The real question is not just the bag price, but the **cost per day**. A costlier feed may actually be more economical if the horse needs less of it to maintain condition.

When planning a **feeding budget**, take into account the full ration, not only the concentrate. [overweight horse feed](#) Hay and forage, bedding, supplements, and regular health care all impact total feeding costs. If a horse is a genuine poor doer, spending more on a quality ration can be worthwhile if it improves **weight gain** and reduces waste.

Horse feed companies supply products at different price points. Some premium feeds, including those from **Spillers horse feed**, are formulated for specific needs and may cost more upfront. However, if they help the horse maintain better condition with less product, the daily cost may be acceptable. A good way to compare options is to estimate the daily feeding rate alongside the bag price and make sure the ration matches the horse's needs.

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Horse feed for beginners: typical pitfalls to avoid

If you are new to **horse feed for beginners**, the worst mistake is frequently thinking that extra feed always means a healthier horse. This can cause **overfeeding** without addressing the actual cause. Poor doers need a well-designed ration, not just bigger meals.

Another frequent mistake is overlooking **digestive health**. A horse that quickly gets richer feed may eat less comfortably, lose appetite, or develop loose droppings. Feeding should be introduced gradually, because a **sudden dietary change** can upset the hindgut and weaken the benefits of the new ration.

Beginners also sometimes neglect forage quality. If the horse is getting lots of feed but low-quality forage, the diet may still be deficient. Others choose a concentrate that is excessively starchy for the horse's disposition or workload, which can create spikes and dips in energy rather than steady improvement. The aim is a carefully balanced diet that helps maintain condition while working with the horse's natural digestive design.

Can a horse feed quiz or calculator help?

Yes. A **what should I feed my horse quiz** or a **horse feed calculator UK** can be a helpful starting point, especially if you are uncertain how to organize the ration. These tools usually consider age, weight, workload, current feed, and condition, then suggest a feeding direction. They are not a substitute for an expert assessment, but they can help shortlist the options.

A good **feeding assessment** should include the horse's **body condition score**, appetite, turnout, exercise level, and any signs of discomfort or poor digestion. If a calculator gives a ration that does not match what you can see on the horse, pay attention to the horse in front of you and review the plan. The best tool is the one that helps you choose more wisely, not the one that gives a strict answer.

Use quizzes and calculators to shape your starting point, then observe the horse closely for changes in appetite, droppings, energy, and condition. Adjusting the ration based on real-life response is the best proven approach.

When to seek horse feeding advice

You ought to ask for **horse feed advice UK** if your horse is dropping condition, is not getting better despite a sensible ration, or has a history of reduced appetite, illness, or digestive upset. An experienced **equine nutritionist** can assist create a ration that matches forage quality, workload, and body condition. This is especially valuable for complex cases where a simple commercial feed is not enough.

Consult a **veterinarian** if weight loss is not explained, rapid, or accompanied by changes in behaviour, droppings, drinking, or energy. Health issues, including **dental issues**, can make a horse appear to be a poor doer when the

real problem is pain or poor chewing ability. Even the best **horse feed** will not work properly if the horse cannot eat and digest it comfortably.

If you have already attempted tried adjusting forage, switching concentrates, and improving feeding management without success, professional input is the next step. An expert can help assess the horse's history, recommend the right **complete horse feed** or balancer, and suggest a more precise plan for safe **weight gain**.

FAQ

What horse feed is best for poor doers?

The best **horse feed** for poor doers is usually a high-fibre, palatable ration that supports **weight gain** without being too high in starch. Many horses do well on a **complete horse feed**, or a mix of **condition cubes**, **chaff**, and a **feed balancer**, alongside plenty of **forage**. The best choice depends on the horse's body condition score, workload, and appetite.

Should a poor doer horse have more hard feed or more forage?

Start with increased and better **forage**, because that is the foundation of the diet. If forage intake is already strong and the horse still needs help, add a suitable **hard feed** or calorie-dense bucket feed. The aim is to increase energy without compromising **digestive health**.

Is ready-made horse feed adequate for a poor doer?

In some cases, yes. A well-formulated **complete horse feed** can be adequate if the horse also has suitable forage and the feeding rate is matched to its needs. Sometimes, the horse may need extra **condition cubes**, more chaff, or a different ration to reach enough calorie intake and maintain condition.

How do I know if my horse is a hard keeper?

Check the **body condition score**, rib coverage, topline, and whether the horse is losing **bodyweight** over time. A poor doer often needs more careful feeding to stop ongoing **weight loss**. If you are unsure, track changes in condition over several weeks rather than relying on appearance alone.

When should I ask for horse feeding advice for my horse?

Get **horse feed advice UK** if your horse keeps losing condition, refuses feed, has **dental issues**, or does not improve after a thoughtful diet change. A **veterinarian** or **equine nutritionist** can help determine the cause and create a feeding plan that supports health, performance, and safe condition improvement.