

Feeding in summer calls for a somewhat adjusted strategy to **horse feed** than winter feeding. With longer turnout, **summer grazing**, higher temperatures and shifting work patterns, the priority becomes maintaining **hydration**, supporting **gut health** and keeping the diet matched with a horse's **nutritional requirements**. A good plan is usually **forage-first**, with measured use of **concentrates**, **supplements** and electrolytes only where necessary.

This overview focuses on practical **summer feeding** adjustments: what to adjust, what to keep steady, and how to use tools such as a **horse feeding chart** or **horse feed calculator uk** tool to avoid over-under-feeding. Whether you manage a **resting horse**, a **performance horse** or are looking for **horse feed for beginners**, the aim is the same: a well-balanced diet that supports **body condition**, **energy levels** and **digestive health** in warm weather.

What Changes in the summer season Horse Feeding?

Summer alters both what horses eat and how they use energy. A lot of horses spend more time on **pasture**, where fresh grass can increase intake and alter the balance of **fibre**, **starch** and **sugar** in the daily **feed ration**. Because grass can be highly palatable, horses may eat more than expected, which can affect **condition score** and overall intake.

At the same time, heat can reduce appetite in some horses. Decreased intake, combined with sweating, can affect **water intake** and the need for **electrolytes**. The result is that summer feeding is often less about adding more feed and more about adjusting the diet to suit the horse's workload, turnout and weather exposure.

Practical **horse feed advice uk** often starts with three questions:

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- How much grass is the horse actually eating?
- Is the horse maintaining **body condition** or losing weight?
- Is the current **horse feed** matching the horse's work and climate demands?

Different **types of horse feed** serve different purposes. A horse on good-quality pasture may need only a small amount of balancer or fibre-based feed, while a horse in harder work may still need additional energy from a carefully chosen ration. The key is to protect **digestibility** and **digestive health**, not simply to reduce feed because the weather is warmer.

Picking the Most Suitable Horse Feed for Warm Weather

The ideal **horse feed overweight horse feed** for hot weather is often one that is tasty, digestible and not overloaded with starch. A **complete horse feed** can be useful where you want a straightforward, steady ration that supplies fibre, vitamins and minerals in one product. These feeds can be very helpful for owners who want less complexity and fewer moving parts in the feeding routine.

For horses that are heat-sensitive or not working hard, roughage-based options are often a better choice to heavy cereal-based rations. A **horse feed mix recipe** can be helpful if you are creating a customised diet from

separate ingredients, but it should be planned with care so the overall balance remains correct. If the recipe includes too much starch or sugar, it may work against **gut health** and consistent energy levels.

Spillers horse feed is one example of a brand many owners consider when looking for structured feeding options, especially when choosing products for leisure, competition or condition management. More broadly, **horse feed companies** usually offer ranges designed for different workloads, from low-energy chaff-based feeds to higher-calorie performance options. Comparing brands is worthwhile, but it is even more important to match the feed to the horse's actual summer needs.

In warm weather, look for feeds that support:

- stable **energy levels** without too much excitability
- strong **palatability** when appetite dips
- fibre-led digestion and **roughage** intake
- appropriate minerals to complement **forage**
- effective **electrolyte replacement** when sweating increases

If a horse is spending more time on grass, the feed may need to be lowered rather than increased. However, reducing feed does not mean removing all structured nutrition. Many horses still benefit from a balancer or complete product to ensure micronutrient coverage while keeping the overall ration lean.

How Much Feed Does a Horse Need in Summer

There is no single answer, because summer intake depends on turnout, work level, age, metabolism and the quality of the grazing. A **horse feed calculator uk** tool can help estimate a starting point by factoring in bodyweight, workload and forage access. A **horse feeding chart** is also useful for visualising approximate daily amounts and adjusting them as conditions change.

For **horse feed for beginners**, the safest approach is to start with forage and then add only what is needed to maintain condition and performance. A simple summer feeding plan often looks like this:

- base the diet on **forage** such as **hay**, **haylage** or pasture
- check **condition score** frequently
- adjust **horse feed** according to workload and grass intake
- check **water intake** and salt/electrolyte needs in hot weather

One of the biggest mistakes is assuming that because the horse is on grass, it needs no additional feed. Some horses do well on pasture alone, but others, particularly those in work or with higher nutritional demands, still need targeted support. A horse that is losing muscle, lacking sparkle or showing poor recovery may need a higher-energy ration even in summer.

Horse feed cost also matters here. Feeding more is not always better, and choosing the correct ration can prevent waste. Overfeeding expensive concentrates when forage would do the job is a common cost error. Using a calculator or chart can help you avoid unnecessary spending while keeping the horse in good condition.

10 Principles of Nourishing Horses in the Summer

The following **10 rules of feeding horses** are a practical summer guide based on widely used **horse feeding rules** and up-to-date **horse feed advice uk**. These rules are especially useful when grazing, hot weather and workload are changing at the same time.

- **1. Put forage first.** Base the diet around **forage**, because roughage supports healthy digestion and helps protect **digestive health**.
- **2. Watch hydration closely.** Boost access to clean water and consider **electrolytes** after sweating.
- **3. Check body condition regularly.** Use a **condition score** rather than estimating by eye alone.
- **4. Adjust for pasture intake.** Summer grass may affect total intake and modify the balance of energy, starch and sugar.
- **5. Keep meals sensible.** Avoid very large hard-feed meals; they can reduce **digestibility** and upset the gut.
- **6. Match feed to workload.** A **performance horse** usually needs a different ration from a **resting horse**.
- **7. Respect the heat.** In hot conditions, digestion, appetite and heat stress can all affect intake.
- **8. Choose feed for function.** Pick products that support the horse's job, not just feed that looks popular.
- **9. Review supplements carefully.** Only add **supplements** that fill a real gap in the ration.
- **10. Keep the ration consistent.** Sudden changes can disrupt **gut health** and energy stability.

The aim here does not mean overcomplicating the feeding plan. They help you make sound, sensible adjustments to **horse feed** during the warmer months. Effective summer management is usually about moderation, observation and consistency.

Choosing between Types of Horse Feed for Various Summer Requirements

Understanding **types of horse feed** helps make it simpler to select the right product for the job. Summer diets often fit into a few broad categories, each with different strengths.

Complete horse feed is useful when you want one product to deliver the main nutritional base, especially for horses that need a controlled, consistent ration. This can be practical for owners who prefer fewer ingredients and clearer feeding instructions. A complete feed can work well when pasture quality is variable or when you want to reduce the total amount of separate ingredients in the bucket.

A more custom approach is a **horse feed mix recipe**, where you combine fibre sources, compound feed and perhaps a balancer or oil. This can suit horses with particular needs, but it requires careful thought about starch, sugar and overall calorie density. If the recipe becomes too rich, it may be less suitable in hot weather.

Spillers horse feed and similar branded ranges often offer options across this spectrum: low-starch feeds, performance mixes, fibre balancers and conditioning products. The right choice depends on whether the horse needs maintenance, controlled weight gain, or additional energy for summer training.

Helpful comparisons include:

- **High-fibre feed:** suited to easy keepers, leisure horses and horses needing calm energy
- **Performance concentrate:** well suited to horses with higher work levels and greater energy demands
- **Complete horse feed:** ideal for simplicity and balanced nutrition in one ration
- **Custom horse feed mix recipe:** best when you need precise control, but it needs more management

Across all **horse feed companies**, the best summer choice is the one that supports the horse's workload, appetite and hydration without unnecessary richness. Every horse does not need the same feed, even when turnout looks similar.

How to Use a Horse Feed Chart and Calculator

A **horse feeding chart** and **horse feed calculator uk** tool are handy because they convert broad advice into a initial ration. A chart usually lists recommended feed amounts by bodyweight or workload, while a calculator can work out more personalised intake based on the horse's age, type and activity level.

To use these tools well, begin by starting with the basics:

- estimate the horse's approximate weight
- estimate daily **forage** and pasture intake
- assess the horse's workload
- check current **condition score**
- note whether the horse is hot, sweating or under stress

Once you have a starting point, compare it with the horse's actual appearance and behaviour. A chart is not a final answer; it is a guide. If the horse looks dull, is losing muscle or has unstable **energy levels**, the ration may need adjustment. If the horse is gaining too much weight on summer grass, the total intake may need to come down.

Good **horse feed advice uk** always combines numbers with observation. Feed charts and calculators are most effective when they are used alongside regular body condition scoring, dung quality checks and close monitoring of drinking behaviour.

What Is the Cost of Horse Feed Cost in Summer?

Horse feed cost in summer can go up or down depending on how much pasture the horse is eating and how much extra feed is needed to maintain condition. A horse on good grazing may need less hard feed, which can cut monthly costs. On the other hand, horses in work or horses with special requirements may still need structured rations even when grass is plentiful.

Several factors affect summer costs:

- the decision between simple fibre feeds and richer concentrates
- choosing a **complete horse feed** versus a custom mix
- the cost of **supplements** and electrolytes
- how much feed is wasted because the ration is unsuitable
- the condition of grazing and forage already provided

Horse feed companies often cost their feeds according to ingredient quality, formulation and intended use. A complete or specialised feed may cost more per bag, but it can sometimes reduce the need for extra products. A cheap feed that does not suit the horse can be a false economy if it leads to poor condition, extra supplements or underperformance.

If you use a **horse feed calculator uk** tool, you can work out both feed amounts and rough monthly outlay. That makes it easier to compare options and decide whether a lower-cost fibre feed, a branded performance product or a balanced complete ration offers the best value.

Frequent Summer Feeding Mistakes to Avoid

Summer management can expose weak points in feeding routines. Some of the most common mistakes are simple, but they can affect **digestive health**, **body condition** and overall wellbeing.

- **Ignoring grass intake.** Pasture can provide a major share of calories and sugar, so it must be counted in the ration.
- **Overfeeding concentrates.** Too much cereal-based feed can add excess **starch** and upset the digestive system.
- **Forgetting hydration.** Summer heat increases the importance of water and electrolytes.
- **Altering feed too quickly.** Sudden changes can affect the gut and reduce **digestibility**.
- **Choosing the wrong feed type.** Not all **types of horse feed** suit all horses or all workloads.
- **Failing to check condition.** A horse can lose or gain weight gradually without obvious early warning signs.

Another mistake is relying too heavily on internet advice without considering the horse in front of you. Good **horse feed advice uk** is realistic and horse-specific. It takes account of forage quality, weather, workload, age and body condition. If you are a beginner, keep the ration simple, make small changes, and review the outcome after a reasonable period rather than changing everything at once.

Finally, keep in mind that summer feeding is not just about calories. The balance between **hay**, fuel sources, trace elements, **electrolytes** and water matters just as much as overall quantity. A properly managed diet helps the horse through hot weather, work and turnout more effectively than a rich feed given without context.

FAQs About Horse Feed for Summer Feeding

How should I feed my horse during summer?

Commence with a **forage-first** approach. Many horses do best on excellent **forage** such as **hay**, **haylage** or pasture, with extra **horse feed** added only if necessary for workload or body condition. In hot temperatures, focus on **hydration**, consider **electrolytes** after sweating, and pick feeds that support **digestive health** and steady **energy levels**.

Do horses require less feed when they are on summer grass?

Usually, yes, but there are exceptions. Grazing in summer can provide significant calories and nutrients, so some horses need a smaller amount of hard feed. However, horses being worked, hard keepers or those with specific **nutritional requirements** may still need a balanced ration. Use a **horse feeding chart**, check **condition score**, and change according to actual intake rather than assuming grass is enough.

How do I use a horse feed calculator UK tool?

A **horse feed calculator uk** resource often requests bodyweight, workload, and at times age or body condition. It offers a starting point for daily **feed ration** amounts. Apply it alongside regular watching: if the horse is slimming down, getting heavier, or lacking energy, adjust the plan. It tends to work best when paired with a **horse feeding chart** and regular condition checks.

What is a complete horse feed and when should I use it?

A **complete horse feed** <http://markets.financialcontent.com/bostonherald/article/abnewswire-2026-7-24-with-half-of-britains-horses-overweight-bifid-launches-grain-free-low-sugar-feed-for-the-nations-good-doers/> is a feed created to deliver a complete nutrient base in a single ration, often combining fibre, vitamins and minerals. It may be helpful when you're looking for simplicity, consistency and controlled feeding. A lot of owners use it in summer when they're after a practical option that complements pasture, especially if they prefer fewer separate **supplements** and less complicated feeding.

How much does horse feed cost in summer?

Horse feed cost depends on the feed type, brand and required amount. Summer costs may drop if pasture reduces the need for additional feed, but they may remain the same for horses in work or horses needing specialist rations. Looking at **horse feed companies**, using a **horse feed calculator uk** tool, and choosing the right feed type can help control spending without compromising health.