

Straightening Teeth as an Adult: An Invisalign Success Story

A Glendale professional in his early thirties had wanted straighter teeth since his teenage years but had always ruled out braces as an adult, assuming metal brackets would feel out of place in his client facing career. After a colleague mentioned her own positive Invisalign experience at Aghbashian Dental Corp, he decided to book a consultation to see whether it might genuinely be a fit for his situation. Dr. Nova Aghbashian's assessment confirmed that Invisalign was a reasonable option for his specific alignment issue, and he began treatment shortly after, receiving his first set of [Dentist Glendale CA](#) aligners along with clear guidance on the wear schedule needed to keep his treatment on track. He appreciated that the consultation set realistic expectations about timeline from the very beginning, rather than a vague estimate that later needed revising. Throughout treatment, he found the aligners far less disruptive to his daily life than he had expected, removing them easily for meetings and meals and simply reinserting them afterward. The periodic check-in appointments at the Central Ave office felt quick and straightforward, mostly confirming that his teeth were moving according to plan. By the end of his treatment, he had the straighter smile he had wanted for years, achieved in a way that had barely disrupted his professional life throughout the entire process. He has since mentioned that colleagues have commented on his smile without realizing he had undergone any treatment at all, exactly the discreet outcome he had originally hoped for. Client accounts shared here are shared with permission, with identifying details adjusted to protect privacy, while reflecting the substance of the treatment experience. Looking back, he says the hardest part of the entire process was simply deciding to finally book the consultation after years of assuming adult orthodontics would be more disruptive than it turned out to be. He now recommends Invisalign readily to friends and colleagues considering similar treatment, specifically highlighting how little it interfered with his daily professional life throughout the months of treatment. The results, he says, have been worth every bit of the wait. Treatment length and outcomes vary from patient to patient depending on their specific alignment needs. Patience throughout the process paid off in the end. Consistency truly counts most. Worth it entirely. Absolutely. Aghbashian Dental Corp | 1000 N Central Ave #130, Glendale, CA 91202 | (818) 873-0938

Aghbashian Dental Corp Address: 1000 N Central Ave #130, Glendale, CA 91202 Phone: (818) 873-0938 FAQ About Choosing a Dentist in Glendale, CA How much does a dentist visit cost without insurance in California? Costs vary widely depending on the treatment involved and the practice you choose. Aghbashian Dental Corp presents fee-for-service pricing transparently before any treatment begins, so patients paying out of pocket know exactly what to expect. CareCredit financing and in-house payment plans are also available to help spread larger costs into manageable payments. Do any dental plans cover preventive care at 100 percent? Many dental plans do cover routine exams, cleanings and standard X-rays in full when you stay in network, though coverage details vary by plan. Aghbashian Dental Corp works with Medi-Cal, Denti-Cal and a range of PPO plans, and the front desk team is happy to help verify what a specific plan actually covers before an appointment. Is a root canal cheaper than a crown? A root canal on its own is typically less expensive than a crown, though the two are often needed together, since a tooth that has had a root canal usually requires a crown afterward to restore its strength. Dr. Nova Aghbashian's team at Aghbashian Dental Corp walks patients through the full cost of both steps upfront rather than presenting them as separate surprises. Why can a root canal cost as much as 3000 dollars? A bill in that range usually reflects both the root canal procedure itself and the permanent crown placed afterward, not the root canal alone. Aghbashian Dental Corp breaks this down clearly during treatment planning, and CareCredit or in-house financing can help spread the combined cost into more manageable monthly payments. Will a dentist pull a severely decayed tooth? Yes, extraction becomes necessary when a tooth is too damaged by decay to be saved with a filling, crown or root canal. Dr. Nova Aghbashian evaluates each case individually at Aghbashian Dental Corp, always looking first at whether the tooth can realistically be saved before recommending extraction as a last resort. Can a tooth still decay under a crown? Yes, a crown protects the visible part of a tooth but the

natural tooth structure underneath, along with the gum line around it, can still decay if not cleaned properly. Aghbashian Dental Corp checks existing crowns during routine exams specifically to catch this kind of hidden decay before it becomes a bigger problem. What hurts worse, a tooth extraction or a root canal? Most patients report that the extraction site is sorer during recovery than a root canal, since a root canal is specifically designed to relieve the pressure and infection causing pain in the first place. Both procedures are performed under local anesthesia at Aghbashian Dental Corp, and Dr. Aghbashian walks every patient through exactly what to expect beforehand. What is considered the most painful dental procedure? Public perception often points to root canals, though many patients and dentists actually consider impacted wisdom teeth removal more physically demanding during recovery. Aghbashian Dental Corp offers sedation options for more involved procedures, and Dr. Nova Aghbashian's team focuses on managing discomfort proactively rather than leaving patients to simply push through it. What destroys teeth the most? Frequent sugar intake combined with acid exposure is the leading cause of tooth decay, since this combination feeds the bacteria that erode enamel over time. Aghbashian Dental Corp's routine cleanings and exams are designed to catch this kind of gradual damage early, before it progresses into a cavity or something more serious. What drinks damage teeth the most? Energy drinks and sodas, including diet varieties, tend to cause the most damage, since they combine high acid content with sugar or artificial sweeteners that keep bacteria active on the tooth surface. Patients at Aghbashian Dental Corp are given practical, judgment free guidance on reducing this kind of damage during routine visits. What strengthens tooth enamel the most? Fluoride remains the most effective way to strengthen enamel, binding to its mineral structure and helping reverse the earliest stages of decay before a cavity actually forms. Aghbashian Dental Corp's cleanings include this kind of preventive care as standard, part of why routine visits matter even when nothing feels obviously wrong. Which teeth are hardest for a dentist to remove? Impacted wisdom teeth and molars with curved or multiple roots tend to be the most challenging to extract, often requiring more time and sometimes a surgical approach. Dr. Nova Aghbashian's training in oral surgery means Aghbashian Dental Corp handles these more complex extractions in house at the Glendale office, without referring patients elsewhere.