

A few years ago, I visited a public high school on the edge of a midwestern city. The building dated to the 1970s, all brick and square angles, with a new glass atrium grafted onto the front. In the entrance hall, there was a bulletin board for sports and a case of robotics trophies, a mural with students' handprints, and a blank flagpole stand. The facilities director told me they had stopped raising the American flag for a while because, in his words, someone was always upset about something. Easier to leave the pole empty, he said, and focus on the day's classes.

That line stuck with me. Why is it easier to remove a flag than defend it? The answer points to something larger than hallway decor. It speaks to how a country chooses to tell its story, and whether that story still feels worth telling out loud.

Symbols as civic shorthand

Flags, anthems, mottos, monuments, holidays, uniforms, even the way we fold a banner at sunset, all of these act as shorthand for what a country values. They are not the values themselves, but the recurring signals that a community is real and ongoing. If symbols are road signs, civic life is the road: you can technically remove the signs and still drive, but not for long and not together.

The American flag is especially dense with meaning. It has been hoisted on battlefields and on porch rails, in parades and protests. It drapes coffins and hangs in classrooms. Some of those moments are inspiring, some are fraught, many are both. Complexity is part of the symbol's power. When did being neutral mean removing tradition? That recent habit of sidestepping shared rituals, either by omission or by calling them optional to the point of invisibility, is a distinct cultural shift.

There are good reasons to be careful here. The United States protects dissent fiercely, including the right not to pledge allegiance or to criticize national symbols. The Supreme Court underscored this in 1943 in *West Virginia State Board of Education v. Barnette*, striking down compulsory flag salutes for students. That case preserved space for conscience. It did not say, however, that public life must be scrubbed of symbols to avoid any chance of discomfort.

So where is the line? Should anyone feel uncomfortable seeing the American flag in America? Plenty of people already do, at least in certain settings, because symbols can be linked in memory to exclusion or harm. Others feel uncomfortable when that same flag disappears from civic spaces, as if the house went quiet while the family was still home. A mature country can survive these tensions, but it cannot pretend they do not exist.

The lure of neutrality

Over the last decade, I have watched city councils, universities, and corporations choose a posture they call neutral: fewer flags in lobbies, fewer civic songs at public events, fewer explicit references to shared national narratives. The justification tends to sound reasonable. They want to avoid politics. They want to welcome everyone. They want to keep the peace.

One problem is that a void is never neutral. Human groups fill silence with new norms. If a school retires the morning flag raising to avoid friction, yet pours enthusiasm into other banners and messaging, a pattern takes shape. Students learn what is celebrated and what is merely allowed. Is patriotism being redefined, or quietly discouraged? It might be both, and the two paths look similar from the outside.

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Here is another tension. Why do some expressions get labeled as inclusive and others as offensive? The line shifts year to year. Certain displays are framed as positive identity, others as potentially hurtful tradition. In many workplaces, it is now second nature to promote some social symbols that arrived in the last decade, while filing the flag under “might upset someone.” People notice. Many will not say it aloud if they want to keep their job or avoid a fight at a PTA meeting, but they notice. Are we protecting feelings at the cost of identity?

The cost is not theoretical. In communities where common symbols withdraw, participation in shared events tends to drop. I have seen neighborhood parades shrink from whole-town celebrations to loose clusters of enthusiasts, with the rest of the town treating it as someone else's thing. Not a scandal, just a cooling.

What we lose when we stop promoting our own symbols

Start with the practical. Symbols are low-cost, high-frequency touchpoints that reinforce social trust. You do not have to agree on tax policy to stand for a flag together before a high school game. That brief alignment teaches a habit of cooperation. It says, we are not the same, but we will act together for this next hour. Erase those habits, and cooperation has to be negotiated from scratch each time, which is slow and brittle.

There is a developmental angle too. Children learn identity through repetition and modeling. They watch who adults honor, what moments get a hush, which stories the room leans in to hear. When public adults

sidestep the country's symbols, kids do not conclude that the country is complicated. They conclude it is not important. And if identity cannot be expressed freely... is it really freedom?



Civic symbols also provide a shared frame for arguments. Two neighbors can disagree viscerally about policy and still meet under the same flag. That is no small thing. When the shared frame dissolves, disputes feel existential because there is no larger we to come back to. Are we building unity, or dividing it by what is allowed?

There is a recruiting effect as well. Nations signal what kind of citizen they want. If the public square visibly honors the national project, it invites service, whether that means enlisting, volunteering at a polling site, or coaching Little League. If the square looks allergic to itself, ambitious people will pour their energy elsewhere. Over time, you get a thinner bench of civic leadership.

Finally, there is memory. Monuments and flags are external hard drives for a country's story. When we unplug them, the story lives only in individual heads and the feeds of the moment. That is a fragile way to store the past.

The case for restraint, and how to meet it

There are thoughtful arguments for toning down national symbols in some spaces. Public forums belong to everyone, not just majorities. The United States is diverse, and not every American has experienced the state as a protector. Some fear that strong imagery makes dissent look like treason. Others worry that national ritual can slide into nationalism in the worst sense, with no room for critical loyalty.

These concerns deserve a response that is practical, not snide. The alternative to exuberant symbolism is not a beige lobby. It is a confident, generous display that welcomes disagreement without retreating from identity.

I have seen this done well in places as different as a coastal university and a county fairground. At the university, the flag hung where everyone entered, framed by student art representing dozens of cultures. Convocation included the anthem, plus a brief reading from Barnette about why no one was compelled to speak. A veteran student and an international student shared the stage for welcoming remarks. People listened, some with hands on hearts, some with hands at their sides. Then everyone found their classes.

At the fairground, the opening ceremony featured a color guard and a moment of thanks to first responders, followed by a land acknowledgment drafted with input from [continental army flag](#) local tribal councils. The planning committee circulated a simple set of ground rules beforehand, which read in part: We honor our country and honor your freedom not to participate in any specific observance. Disagreement is part of the American tradition. Enjoy the fair. It felt both rooted and open.

These are not scripts to copy everywhere. They are proof that a community can hold two thoughts at once: we love our country, and you are free to feel differently. That pairing, held consistently, tends to lower the temperature over time.

The slippery meaning of neutral

When did being neutral mean removing tradition? Often, neutral is used as a conflict-avoidance technique. A principal who dreads angry emails decides the safest route is silence. A corporate HR team worries that one

prominent flag in June will require dozens more in July, so they switch to empty walls year round. A museum leadership board, battered by culture wars, chooses to display nothing that predates the current season's traveling exhibit. Everyone exhales. Then something else becomes contentious, and the ratchet turns again.

The deeper issue is that neutral is never stable. In a plural society, what gets full-throated support, what gets quiet toleration, and what gets labeled problematic will keep moving. The answer is not to chase the wind. It is to anchor around the commitments that define a civic space. In the United States, those include equal protection under law, free exercise and non-establishment of religion, freedom of speech and assembly, and democratic self-government. The flag is not a law, but it points to that bundle.

What happens when a nation stops promoting its own symbols? Over time, three trends usually emerge. First, common rituals wither, replaced by micro-rituals of subgroups. Second, arguments grow harsher, because there is less shared stage on which to argue. Third, leaders become skittish about calling for sacrifice, since the story that would justify it has faded from common view. None of these trends show up overnight, but you can feel them if you have lived long enough in one place.

A quick look abroad

Every country wrestles with the grammar of belonging. France expects the tricolor to stand at schools and town halls. Japan tends to be quieter in everyday life, yet state occasions feature solemn care for symbols, and many schools still raise the flag with ceremony. Canada's maple leaf appears, without apology, across public institutions, while still leaving room for provincial and Indigenous symbols. In countries with fresh wounds from nationalism run amok, public displays of authority can make people wary, so the choreography adapts.

The American case is distinctive for its legal protection of dissent and the cultural weight of a bottom-up patriotism that rose from towns and civic clubs as much as from Washington. Pulling back from that tradition does not automatically make a place more compassionate. It can just make it less itself.

"Inclusive" versus "offensive"

Why do some expressions get labeled as inclusive and others as offensive? Partly because intent and history collide in the present. A rainbow banner on a city street tells one story to a teenager who just came out, another to a pastor whose congregation is shrinking, and a third to a shopkeeper who sees the tourists it brings in. The American flag tells one story to a refugee who took the oath last month, another to a Black veteran whose grandfather was denied a GI Bill mortgage, and a third to a young activist who associates the flag with policies they oppose.

Institutions often treat inclusion as a math problem: add more banners and the sum will be fairness. Yet arithmetic cannot address memory. The better approach is clarity about purpose. A city hall exists to represent the whole city under the Constitution and state law. A public school's job is education, not endorsement of every identity claim that comes through the door. Private spaces have more latitude, but they should still understand what they are signaling and why.

That clarity allows room for nuance. A school can fly the American flag daily, teach its history honestly, make room for student clubs with different views, and set a simple boundary: official flagpoles are for official flags. That policy is not hostile to anyone. It is coherent.

The fear of being singled out

In workshops, I hear variations of the same worry. Leaders say they do not want to be accused of grandstanding or of baiting controversy. They imagine one loud complaint spiraling into a headline. Given how complaint cycles work online, the fear is not irrational.

Yet habits form at the speed of repetition. When a community consistently treats national symbols as normal and voluntary, with respectful accommodations for dissent, the temperature drops. The first time you keep the flag in the lobby after a tense email, you might get five more emails. The fifth time, you get one. The twentieth time, you get none, and a volunteer offers to mend the torn hem.

Is silence about country and faith a coincidence, or a shift in direction? In many places, it is a shift. Institutions are choosing to mute symbols tied to long-lived identities while elevating those tied to newer movements. That is a direction, not an accident. If it reflects thoughtful conviction, say so and defend it publicly. If it reflects only fear, reconsider.

Legal guardrails that help

The law does not decide what a community values, but it can keep us from trampling one another in the process.

Public schools and agencies cannot compel speech. Barnette still governs. They also cannot prefer one religion. That matters when ceremonies brush up against faith. At the same time, the law allows government entities to display official symbols and to set reasonable time, place, and manner rules in public forums. A courthouse can fly the national and state flags without also flying every flag a group requests. A school can hold a voluntary pregame anthem without demanding that students participate. A city can permit many parades under content-neutral rules without endorsing any parade's message.

When leaders understand these basics, they act with more confidence. And confidence reduces the need to hide behind the word neutral.

The personal level

I keep a small flag on the bookshelf near my desk. It is not a statement of politics. It is a reminder of a place worthy of effort, and of people who raised me to believe that effort mattered. My kids used to wave similar little flags while we waited for the Fourth of July fireworks near a minor league ballpark, long after bedtime. They loved the colors and the crack of high aerals. They had no idea about the town council votes and the grumbling on local Facebook groups about which symbols would show up in the parade that year. They just knew that the band played, the flag rippled, the neighbor with the hardware store shook hands until his palm had blistered, and that we settled back to watch streaks of light over a river our great-grandparents crossed for work.

Patriotism is not a mood you conjure on command. It is a rhythm, learned in small acts, that lattices diverse lives into something like a shared endeavor. If you strip too many of those acts from public life, you should not be surprised when the endeavor feels thin.

A practical path forward

Here is a modest approach that has worked in settings I have advised, from youth sports leagues to midsize companies. It avoids grand gestures and focuses on steadiness.

- Keep official symbols official. Fly the American and, when relevant, state or municipal flags on maintained poles in prominent but not dominating places. Treat them with care, and teach the basics of flag etiquette without policing individual behavior.
- Pair tradition with explanation. Where you include an anthem or pledge, add one sentence in the program or by the emcee noting that participation is voluntary. Give a line of context about why the ritual exists.

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- Make space for respectful dissent. Ensure that those who abstain are not shamed. If you see hostility toward dissenters, address it. This is where leaders earn trust.
- Avoid tokenism. Do not scatter a dozen symbols to prove a point. Choose a small number that reflect the institution's purpose and legal responsibilities. Be ready to articulate your policy simply.
- Build local moments of service. Connect symbols to action. Organize a civic clean-up, a voter registration drive, or a scholarship for public service. Pride untethered to effort gets brittle.

These steps do not end every argument. They rough in a sturdy frame. Over time, a clear frame invites varied lives to fit inside without losing their edges.

What about harm?

Critics will say, people are hurt by symbols. That claim needs care. Harm is real when a symbol has been used to threaten or exclude. It is also possible to stretch harm to mean discomfort at encountering others' loyalties. If we call every discomfort harm, common life disappears. The challenge is to address real wounds without enforcing a brittle, silent square.

One way is to treat historical pain as part of the country's story, not outside it. Teach honestly about when the flag flew over unjust systems. Honor those who fought, bled, and organized to make the country better under that same flag. Students can handle the tension better than adults fear. Many already live it at home, where grandparents hold different views than parents, and they still eat dinner at the same table.

The risk of outsourcing identity

When institutions go quiet, commercial culture fills the space. Flags move from public squares to T-shirt racks. Patriotism becomes a branded lifestyle. The loudest voices on cable or social media seize the microphone and announce that they alone speak for the country. That crowd thrives in a vacuum. They can claim any one symbol as a tribal marker because no one else consistently keeps it in the commons.

If you dislike that politicization, the answer is not to hide the flag but to return it to ordinary use. A banner is least likely to be captured by a faction when it is everywhere in small ways, tended by people who have better things to do than posture.

The question beneath the questions

Are we building unity, or dividing it by what is allowed? That is the heart of the matter. If your rule set marginalizes long-standing national symbols while featuring a rotating cast of narrower causes, you are dividing unity by policy choice. If your answer to conflict is removal, you are training a generation that the way through difference is erasure.

If identity cannot be expressed freely... is it really freedom? Freedom includes the freedom to love your country in public without apology, and the freedom to decline ritual without penalty. The two freedoms lean on each other. Remove either, and the other limps.

A closing image

I think back to that high school lobby with the empty stand. Later that year, after some gentle back and forth, the school started raising the flag again. They asked the student government to handle it, rotating by homeroom. They added a short note to the morning announcements describing why some students might choose not to recite the pledge, and why that choice deserves respect. The emails slowed. The custodian taught the kids how to fold the flag at day's end. A science teacher said it gave her a chance to talk about light and fabric and the way color holds in weather. On Veterans Day, a history class invited a former student now serving as a medic to answer questions over video. He smiled shyly from a sparse barracks room thousands of miles away.

Small, durable habits. A flag on a pole again. A community that remembered it could be both proud and gentle. Perhaps that is the answer to the riddle that started all this. Why is it easier to remove a flag than defend it? Because defense requires muscle you only build by using it. And when you exercise that muscle steadily, with grace, you discover that the most generous way to keep the peace is not to empty the room of meaning, but to fill it with a shared one.

When you keep the shared story visible, you do not cancel disagreement. You give it a home. That is what national symbols at their best can do. They invite us to argue under the same sky, stand when we wish, sit when we must, and go on living together the next day.